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## **Education Extra**

## AAE students attempt to break world record

## FROM STAFF REPORTS

Students at the Academy for Academic Excellence took part in the second annual World Sport Stacking Association STACK UP! on Nov. 8. Two second-grade classes and one third-grade class each participated for 30 minutes.

"Our students love sport stacking. As teachers we enjoy seeing their improvement in hand-eye coordination, quickness and focus. Speed Stacks provide opportunity for our students to be successful," said second-grade teacher Valli Andreasen.

Sport Stacking has been termed a "track meet for your hands at warp speed." Students stack up and down 12 specially designed cups called Speed Stacks in a predetermined sequence as fast as they can. Stackers race against the clock and compete in relays.

Last year, an official count of 81,252 stackers participated to set the first world record. Participants come from across the United States and in countries such as Germany, Japan, Australia and the United Kingdom.

"We are very excited about helping to break a Guinness World record. said teacher Mrs. Andreasen.

Sport Stacking is in more than 21,000 schools and youth organizations worldwide. It is appealing to teachers and students because it's easy to learn but challenging to master. Benefits include improved reaction time, hand-eye coordination, concentration and focus.

To take part in the record-setting STACK UP!, schools and organizations around the globe are required to register online with the WSSA at WorldSportStackingAssociation.org. Once the students complete their 30 minutes of stacking per student, their verification of numbers will be sent to the Guinness World Record organization for official recognition.



Photo courtesy of Cheryl Thompson From left, Cole Millward, Emaline Secrist and Joel Whiteside participated in the second annual World Sport Stacking Association STACK UP! on Nov. 8.

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